1. SELF-ASSESSMENT

<table>
<thead>
<tr>
<th>What do I already know and what skills do I have?</th>
<th>I want to increase my knowledge or skills in each of these areas:</th>
</tr>
</thead>
</table>

**Example: Professional Responsibility**
- Perform safety checks of space indoor/outdoor
- Supervise children
- Teach and model proper hygiene
- Understanding more about children’s allergies
- Have a current CPR certificate
- Be more familiar with my program’s health policies

**The Learner and Learning**
- Learner development
- Learning differences
- Learning environments

**Content Knowledge and Skills**
- Content knowledge
- Application of content

**Instructional Practice**
- Assessment
- Planning for Instruction
- Instructional Strategies

**Professional Responsibility**
- Professional Learning and Ethical Practice
- Leadership and Collaboration

**NOTE:** This format is ONLY to be used by licensed educators. The VT Agency of Education requires licensed teachers to have an IPDP that their supervisor reviews. An IPDP is not required to be submitted to earn or renew your teacher license/endorsement. 2016
2. GOALS, STRATEGIES, TIME LINE

Name: _________________________________ Date: ___________ (Page 2 of 2)

Based on the areas you identified on page 1: Self-Assessment, identify what you will do next. These are your goals. They should be specific and measurable. Strategies should be detailed, such as: gathering materials, interviewing specific people, visiting specific places to observe, etc. Add resources such as written materials you will read, websites you will explore, funding needed to attend events, etc. Finally think about how long it will take to reach your goal. This is your timeline and helps you meet your goal. Put a month and year next to each goal and/or strategy showing when you expect to complete it or check in on your progress; this is the status.

<table>
<thead>
<tr>
<th>Goals</th>
<th>Strategies to accomplish this goal</th>
<th>What do I need to accomplish my goal? (Resources)</th>
<th>Timeline</th>
<th>Status</th>
</tr>
</thead>
</table>
| Example: I will identify the most common children’s allergies and how to prevent reactions | • Review health policies; talk with the director about common health allergies in the program  
• Contact the child care wellness consultant  
• Go online to research the specific allergies and look in BFIS course calendar for training  
• Call VT Family Network - find parents to talk to about their experiences with children’s allergies | • Computer time  
• Phone number of child care health consultant, and VT Family Network – call 211 to find these | December 2017         | Feb.17th – called the child care wellness consultant |

1.  

2.  

3.  
